

Serving
Sunday - Thursday
4.30pm - 8.00pm
Friday - Saturday
4.30pm - 9.00pm



Monday - Sunday
3 Small plates &
a Large glass
of house wine
£23.50

Small plates

From the Land

- Patatas Bravas with Sriracha Mayo (VG) (GFO) 5.50
- Halloumi Fries with Chilli Chutney (V) (GFO) 5.50
- A Selection of Breads Served with Olives, Oils & Vinegar (VG) 5.50
- Garlic Mushrooms served on Toasted Rosemary Focaccia (V) (GFO) 5.00
- Apple, Pear & Walnut Salad with a Pomegranate Dressing (VG) 4.75
- Breaded Brie Bites with a Tomato Chutney (V) 5.00
- Sweet Potato Falafel, Hummus, Balsamic Onions (VG) (GFO) 5.50

From the Field

- Rump Steak with Bordelaise Sauce (served pink or well done) (GFO) 7.60
- Crispy Chicken Bao Buns with an Asian Style Slaw 7.00
- Sweet & Sour Style Pork Belly (GFO) 7.50
- Honey Butter Chicken Wings (GF) 6.50
- Pigs in Blankets with Honey & Rosemary 7.50
- Ham Hock, Cheese & Leek Croquettes with Sriracha Mayo 6.50

From the Sea

- King Prawn & Chorizo with a Tomato Sauce (GF) 7.50
- Crispy Fried Cockles (GFO) 4.80
- Crispy Coated Calamari in a Garlic, Chilli & Lime Sauce (GFO) 7.00
- Breaded Whitebait with a Lemon Pepper Mayo (GFO) 5.50
- Tandoori Salmon Bites with Coriander Yoghurt, Crispy Shallots 7.80

Sharer

(Perfect for 2)

- Camembert Sharer with Honey and Rosemary, Toasted Bread, Nuts, Crackers & Chutney (V) 20.00
- (Add a selection of cured meats to your sharer for £5)

GF - Gluten free. GFO- Gluten free Option. VG - Vegan. VGO - Vegan Option. V- Vegetarian

**PLEASE INFORM A MEMBER OF STAFF OF ANY ALLERGIES OR
DIETRY REQUIRMENTS**

LUNCHES

RIGATONI BOLOGNESE £10.50

Beef Bolognese in a rich tomato sauce served with rigatoni pasta & gran Padano cheese

6oz RUMP STEAK & FRIES £14.50

Rump steak with tender stem broccoli, rosemary fries and a creamy peppercorn sauce

CHICKEN & LEMON RIGATONI PASTA £9

Chicken in a lemon cream sauce with rigatoni pasta & Gran Padano cheese

SAUSAGE & MASH £12.50

Local gower butcher sausages with a mashed potato, tender stem broccoli & served with a Gower ale gravy

BAKED HADDOCK £13.50

Haddock with mashed potato, tender stem broccoli & served with a smoked bacon, cider & leek sauce

CHICKEN CAESAR SALAD £9.50

Chicken breast served with romaine lettuce, gran padano cheese, baked croutons, caesar dressing

VEGGIE BOWL £8

Smashed avocado, falafel, crispy chickpeas, feta, carrot, cherry tomatoes, rocket leaves (VGO) (GFO)

SOURDOUGH TOASTIES

All served with salted crisps

Upgrade to fries instead of crisps for £2.00

THE TUNA MELT £9.50

Tuna mayo and cheddar cheese (GFO)

THE STAPLE ONE £9.50

Smoked streaky bacon, brie & chilli chutney (GFO)

THE VEGGIE ONE £8.50

Avocado, halloumi & sweet chilli (GFO)

CROQUE MONSIEUR £9.50

Ham and cheese

THE STEAK CLUB £12.50

6oz Rump steak, cheddar cheese, chipotle chilli & smoked streaky bacon (GFO)

BURGERS & LOADED FRIES

All burgers served in a pretzel bun and come with skin on Rosemary salted fries & house made vegan slaw

THE KEVIN BACON BURGER £14

Two smashed beef patties, smoked bacon, cheese, tomato & lettuce

THE EAGER VEGAN BURGER £13

Lentil & Spinach burger, vegan sriracha mayo, tomato & lettuce (VG)

THE CLUCKER BURGER £14.50

Buttermilk chicken breast, smoked bacon, cheese, black pepper mayo, tomato & lettuce

EXTRA BURGER TOPPINGS

BBQ Pulled pork £3 / Extra cheese £1/ Extra bacon £2

BBQ PULLED PORK FRIES £9

Slow cooked BBQ pulled pork shoulder served on top of skin on rosemary salted fries

BACON AND CHEESE FRIES £9

Smoked streaky bacon pieces with a homemade cheese sauce on top of skin on rosemary fries

PIZZAS

All Pizzas are 10.5 inch with a tomato based sauce

Margarita (V)	£10
Marinara Pizza (VG)	£9
Pepperoni	£11.50
Summer Vegetable (V) (VGO)	£11.50
Red onion, Peppers, Olives & Oregano	
Chicken & Chorizo	£13.50

SIDES

Rosemary Salted Fries £3.50 (GFO) (VG)

Garlic Bread £3 (V)

Garlic Bread with Cheese £3.50 (V)

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ESTUARY BRUNCHES

THE ESTUARY STACK : £9

Toasted Sourdough with smashed avocado, smoked streaky bacon, goats cheese, two free range poached eggs & chipotle chilli chutney (GFO) (VO)

THE MEAT STACK : £10

Toasted sourdough with Gran Tesoro red wine braised chorizo, smoked streaky bacon, tomato sauce and two free range poached eggs (GFO)

THE WELSH BRUNCH : £11

Toasted sourdough, laverbread sausage, smoked streaky bacon, seasoned cockles and a free range poached egg

THE ESTUARY VEGAN BRUNCH : £8

Mixed bean chili with spinach & hummus on sourdough toast with a chipotle chilli chutney (VG) (GFO)

POACHED EGGS ON TOAST : £5

2 Poached eggs with sourdough toast (GFO) (V)

BREAKFAST BAGUETTE : £8

Smoked streaky bacon, pork & leek sausage, cheddar cheese and mini hash browns served in a toasted baguette

EXTRAS:

Poached Egg	£1.50	Laverbread Sausage	£3
Sourdough Toast (2 Pieces) (GFO)	£2	Smashed Avocado (VG)	£3
Mini Hash Browns (V)	£2	Halloumi (V) (GFO)	£3
Smoked Streaky Bacon (GFO)	£3		

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1 Course 15.95 | 2 Course 17.95 | 3 Course 19.95

Children's 1 Course 8.95 | 2 Course 9.95 | 3 Course 10.95 *Under 12 Years Old*



**Takeaway dinner's
available! just ask your
server.**

Sunday Lunch

Starters

Soup of the day with toasted bread (VG) (GFO)

Prawn cocktail with marie rose sauce

Breaded brie wedges with a tomato chilli chutney (V)

Pea & potato croquettes with sriracha mayo (GFO) (V)

*All main courses come's with roast potatoes, yorkshire pudding, gravy, stuffing,
roasted parsnip & carrot, cabbage, new potatoes, peas.*

Main Course's

Pick from a choice of meat :-

Butternut Squash Wellington (VG)

Chicken

Pork

Beef

Extra's & Upgrades

Yorkshire Pudding 1.50

Cauliflower Cheese 3.30

Roast Potatoes 2.50

Stuffing 1.10

Upgrade to 2 Meats 5.00

Upgrade to 3 Meats 6.00

Desserts

Sticky toffee pudding with toffee sauce

Chef's crumble

Chocolate fudge cake

Cheesecake of the day

with a choice of gower
gelato, custard or cream

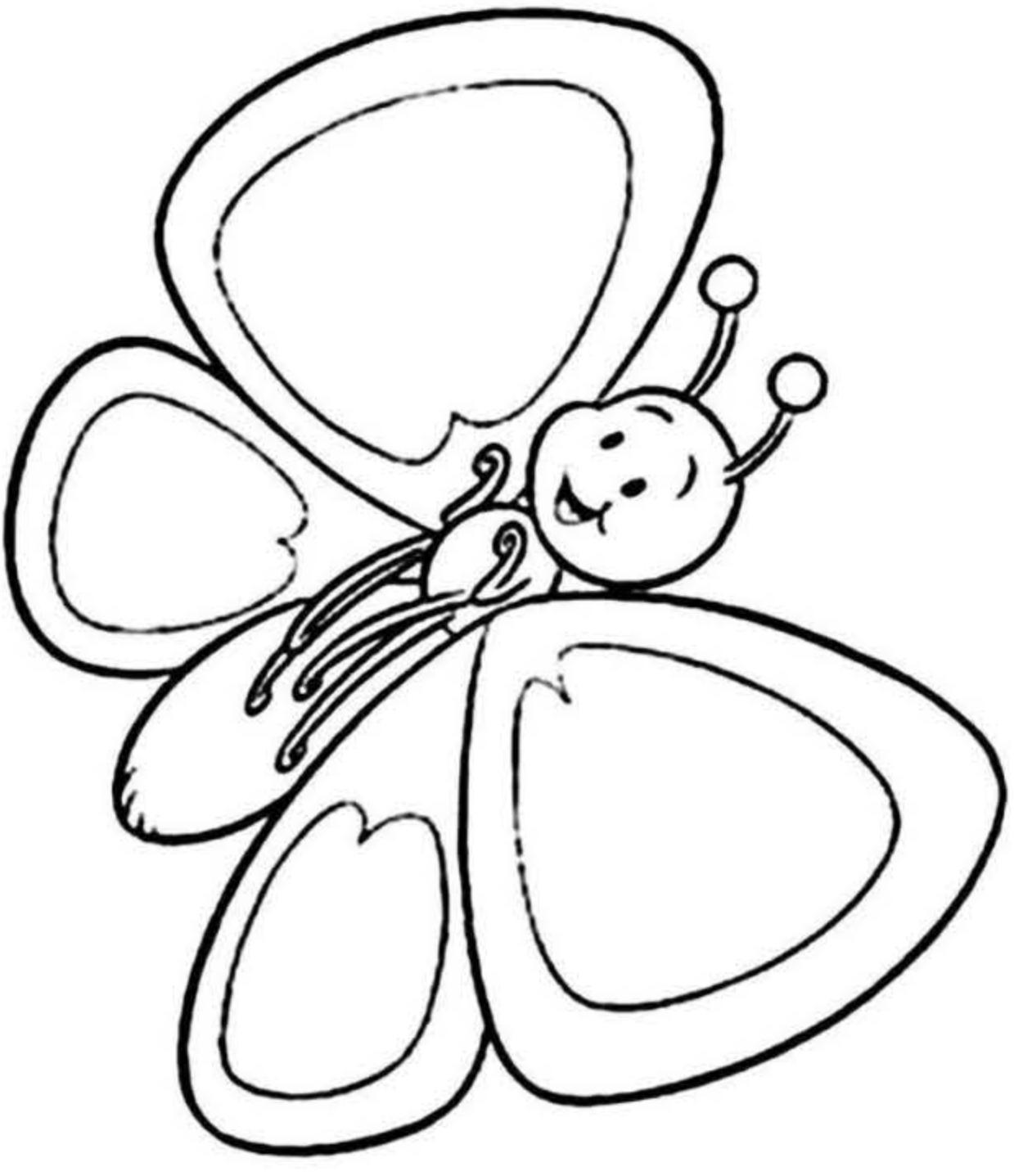
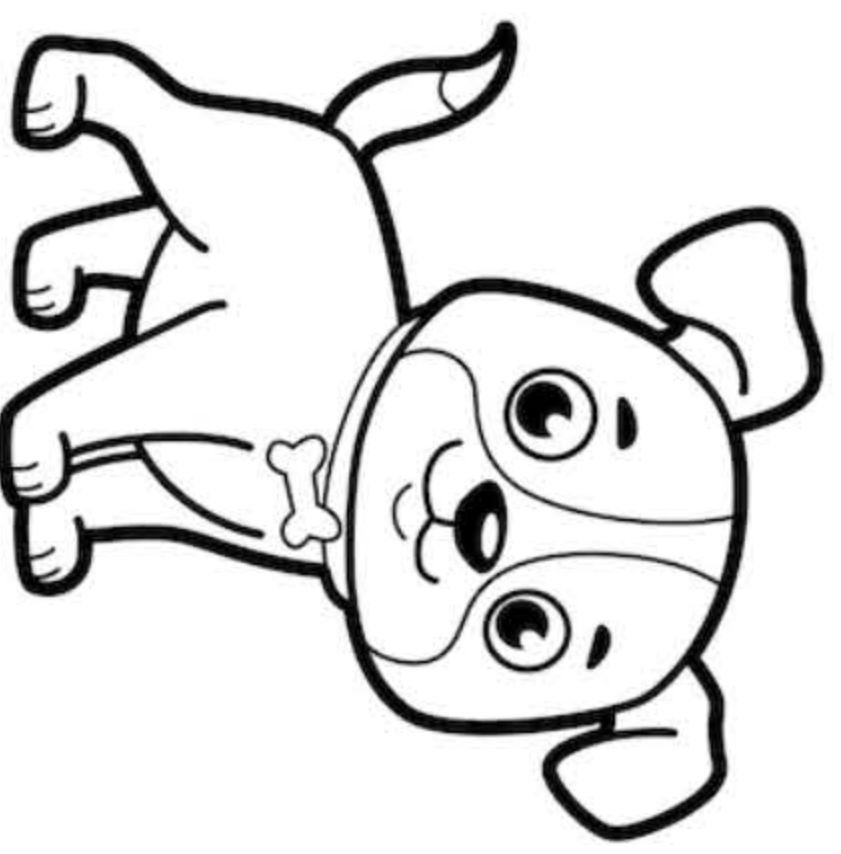
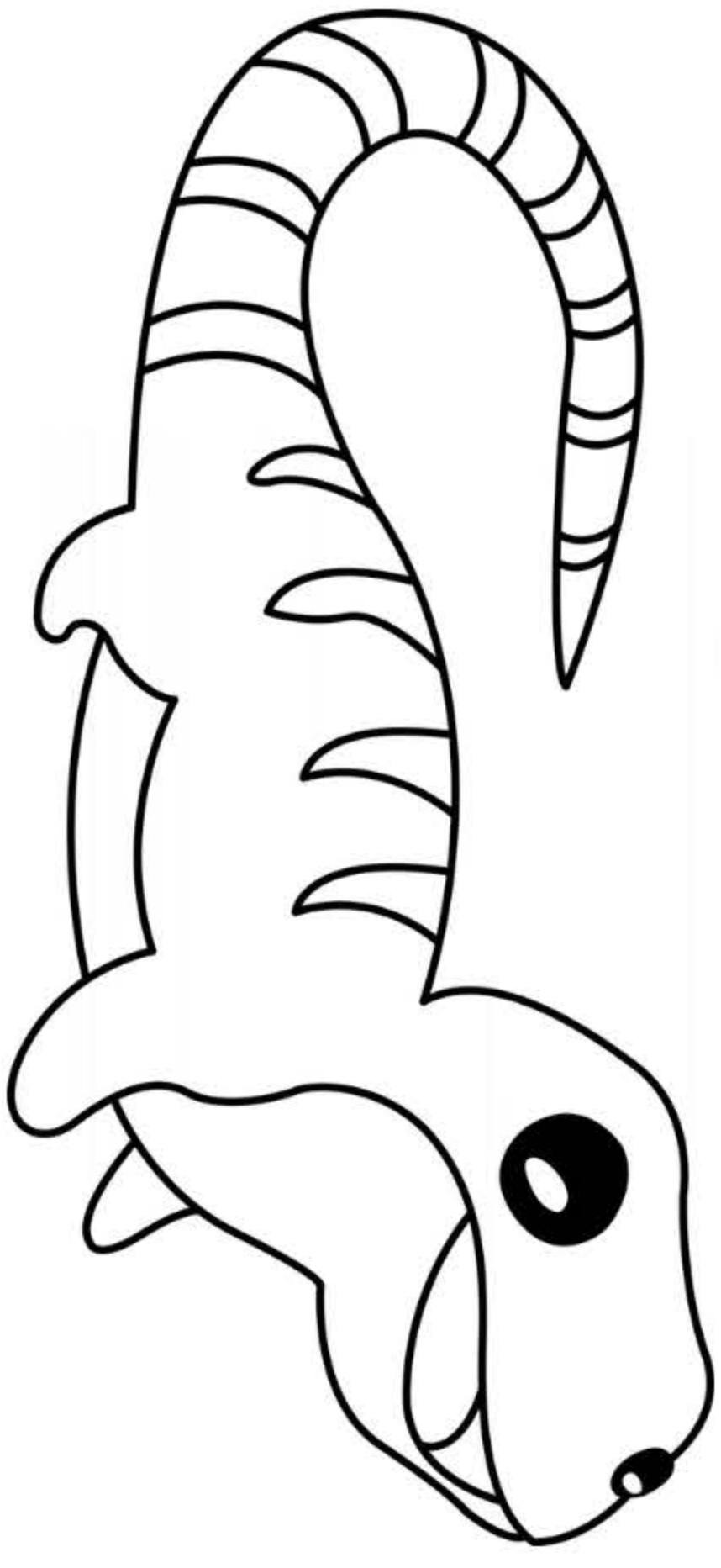
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Please Inform a member of staff of any allergies or dietary requirements.

Word Find Puzzle

N S N A K E B A N A A L
 W H E A D H O M E G O
 I L E G A N T F N T R Y
 N S N A K E B A N A A L
 A G A I N G O M E K S O
 F B B I P I A I S E S C
 O A C O W V T L T K T K
 G T R E D E Q Y D M V K
 V H E L P R E B A L L W

- | | | |
|--------|-------|------|
| FOG | AGAIN | BAT |
| ANT | WIN | HELP |
| BOAT | BALL | LEG |
| FAMILY | RED | NEST |
| LOCK | SNAKE | HOME |
| HEAD | COW | GIVE |
| GRASS | | TAKE |

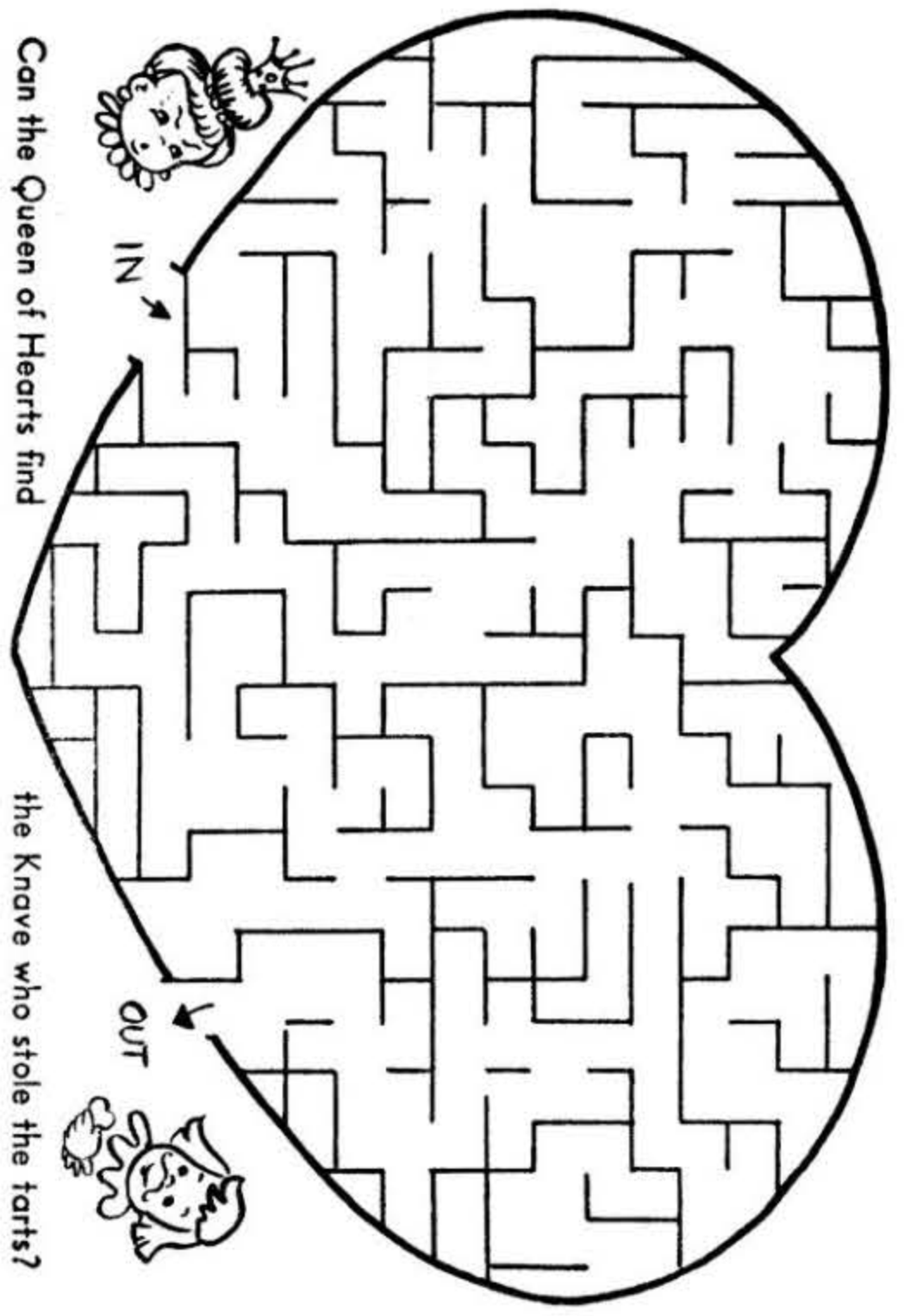


KIDS MENU

THE ESTUARY
 BAR & ROOMS

ALL £7.95 WITH A SCOOP OF GOWER GELATO

- CHEESE AND TOMATO PIZZA
- PORK SAUSAGE & FRIES
- CHICKEN TENDERS & FRIES



EAT-IN OR TAKE AWAY

GELATO

TUB OR WAFFLE CONE

PLEASE SEE THE COUNTER FOR TODAY'S GELATO AND SORBET SELECTION.

1 SCOOP - £2.60

2 SCOOP - £4.00

3 SCOOP - £5.10

1. CHOOSE YOUR CONE

Flavour Cones: Sprinkles, Oreo, Blue Sugar, Pink Sugar, Biscoff. - £2.90
Kids cone - £2.10
Belgian Chocolate Filled Cone - 75p

2. CHOOSE YOUR TOPPING

Meringue, Chocolate Sprinkles, Marshmallows, 100's & 1000's - 35p
Flake 45p

3. ANYMORE?

Oreo, Bueno, M&M's, Honeycomb, Fudge Pieces, Maltesers, Hazelnuts, Pistachio, Whipped Cream 85p

4. CHOOSE YOUR SAUCE

Warm Nutella, Warm Chocolate, Salted Caramel, Fruit Coulis, Peanut Butter, Strawberry, Toffee 50p

SUNDAES

I DID IT MY WAY

BUILD YOUR OWN SUNDAE - £8.50

Topped With Whipped Cream & Wafer!

1. CHOOSE THREE SCOOPS

Of Gelato From Our Counter

2. CHOOSE THREE TOPPINGS

Honeycomb, Fudge Pieces, Chocolate Sprinkles, Maltesers, Marshmallows, 100's & 1000's, Hazelnuts, Pistachio

3. CHOOSE YOUR SAUCE

Warm Nutella, Warm Chocolate, Salted Caramel, Fruit Coulis, Peanut Butter, Strawberry, Toffee

SIGNATURE SUNDAES

THE UTTERLY NUTTER £7.75

Peanut Butter Gelato, Vanilla Gelato, Ferrero Rocher Gelato. Topped With Snicker Pieces, Whipped Cream, Hazelnuts, Finished With Peanut Butter Sauce & A Wafer.

THE HARLEQUIN £7.75

Vanilla Gelato, Strawberry Gelato, Chocolate Gelato. Topped With Strawberries, Mini Maltesers, Finished With Strawberry Sauce, Chocolate Sprinkles & A Wafer.

THE CHOCOHOLIC £7.75

Bueno Gelato, Ferrero Rocher Gelato, Chocolate Gelato. Topped With Bueno Stick, M&M's & Whipped Cream, Finished With Hot Chocolate Sauce & A Flake.

VERY BERRYLICIOUS £7.75

2 Scoops Of Cherry & White Chocolate Gelato, Strawberry Gelato. Topped With Mixed Berries & Whipped Cream, Finished With Raspberry & Blueberry Coulis & A Wafer.

STRAWBERRIES & CREAM £7.75

2 Scoops Of Strawberry Gelato, Vanilla Gelato. Topped With Sugar Coated Strawberries & Whipped Cream, Finished With Strawberry Sauce & A Wafer

BISCOFF SUNDAE £7.75

3 Scoops Of Vanilla Gelato Topped With Biscoff Sauce, Biscoff Crumb, Biscuits & A Wafer.

DOUBLE UP ON YOUR CHOSEN FILLINGS FOR £1.00 EACH

HOMEMADE SWEET WAFFLES

All Served With Our Milk Gelato & Whipped Cream

THE CLASSIC £6.75

Just Lemon & Sugar

NUTELLA £7.50

Warm Nutella Sauce & Hazelnuts

BANANATELLA £7.95

Sliced Banana, Warm Nutella Sauce & Hazelnuts

GALAXY CARAMEL £7.95

Warm Chocolate Sauce, Caramel Sauce & Galaxy Caramel Chunks

STRAWBERRY & NUTELLA £7.95

Strawberries & Warm Nutella Sauce

STRAWBERRY & BELGIAN CHOCOLATE £7.95

Strawberries & Belgian Warm Chocolate Sauce

ALL THE BERRIES £7.95

Blueberries, Raspberries, Strawberries, Sugar & Fruit Coulis

UTTERLY NUTTERLY £7.95

Snicker Pieces, Peanut Butter Sauce & Warm Nutella Sauce

BISCOFF £7.95

Warm Biscoff Sauce & Biscoff Crumb

THE GOWER PIGLET SERVES 2-3

Salted Caramel Gelato, Vanilla Gelato. Chocolate Gelato, Bueno, Gelato, Ferrero Rocher Gelato, Served With Two Waffles. Topped With Snicker Pieces, M&M's, Maltesers, and Bueno Stick. Finished With Whipped Cream, Warm Chocolate Sauce & Two Flakes.

£14.95

THE GOWER PIG SERVES 4-5

Two Scoops Of Salted Caramel Gelato, Two Scoops Of Chocolate Gelato, Two Scoops Of Bueno Gelato, Two Scoops Ferrero Rocher Gelato, Served With Four Waffles. Topped With Snicker Pieces, M&M's, Maltesers & Bueno stick. Finished With Whipped Cream, Warm Chocolate Sauce & Two Flakes.

£25.95

MILKSHAKE

PICK A GELATO AND WE WILL DO THE REST

SHAKE IT UP

Without Whipped Cream £3.95
With Whipped Cream £4.50

'DO IT HOW YOU LIKE IT'

UPGRADE TO ANOTHER FLAVOUR GELATO FOR 75P, DOUBLE UP ON YOUR CHOSEN FILLINGS FOR £1.00 EACH & ADD EXTRA TOPPINGS FOR 75P.



FIND US ONLINE TO KEEP UP WITH ALL OUR NEWS AND EVENTS

@GGSGELATO

TEL: 01792 850777

INFO@GGSGELATO.CO.UK

BELLEVUE, PENCLAWDD,

SWANSEA SA4 3YE



DRINKS & BEVERAGES

WHY NOT ADD SOME TOPPINGS?
Extra Shot, Extra Whipped Cream, Flavour Syrups 75p

AMERICANO	£2.80
ESPRESSO	£2.80
DOUBLE ESPRESSO	£3.50
LATTE	£3.10
FLAT WHITE	£3.10
CAPPUCCINO	£3.10
MACCHIATO	£3.10

MOCHA	£3.75
HOT CHOCOLATE	£3.10
LUXURY HOT CHOCOLATE	£3.90
With Whipped Cream & Marshmallows	
ENGLISH BREAKFAST TEA	£2.70
FLAVOURED TEAS	£2.75
Earl Grey, Peppermint, Green, Chamomile, Lemon & Ginger, Cranberry, Raspberry, Decaf	

ALTERNATIVE MILKS: Coconut, Oat, Soy & Almond 50p

SOFT DRINKS

£2.90

COKE, DIET COKE, SPRITE, ZERO, ORANGE FANTA

SODA FLOATS

LEMONADE FLOAT

With A Scoop Of Our Strawberry

COKE FLOAT

With A Scoop Of Our Vanilla £4.50

CAKES

Don't fancy gelato? Check out our daily cake specials available from the counter. All items are individually priced and served with fresh cream.

MUFFINS, TEA CAKES
CREAM SCONES, WELSH CAKES
BROWNIES AND MORE ...

HOMEMADE SWEET CREPES

All Served With Our Milk Gelato & Whipped Cream

WANT ETON MESS CREPE? WHY NOT ADD MERINGUE PIECES FOR 75P.

THE CLASSIC Just Lemon & Sugar	£6.50	ALL THE BERRIES Blueberries, Raspberries, Strawberries, Sugar & Fruit Coulis	£7.75
NUTELLA Warm Nutella Sauce & Hazelnuts	£7.25	UTTERLY NUTTERLY Snickers Pieces, Peanut Butter Sauce & Warm Nutella Sauce	£7.75
BANANATELLA Sliced Banana, Warm Nutella Sauce & Hazelnuts	£7.75	BISCOFF Warm Biscoff Sauce & Biscoff Crumb	£7.75
GALAXY CARAMEL Warm Chocolate Sauce, Caramel Sauce & Galaxy Caramel Chunks	£7.75	STRAWBERRY & BELGIAN CHOCOLATE Strawberries & Belgian Warm Chocolate Sauce	£7.75
STRAWBERRY & NUTELLA Strawberries & Warm Nutella Sauce	£7.75		

'DO IT HOW YOU LIKE IT' UPGRADE TO ANOTHER FLAVOUR GELATO FOR 75P, DOUBLE UP ON YOUR CHOSEN FILLINGS FOR £1.00 EACH & ADD EXTRA TOPPINGS FOR 75P.